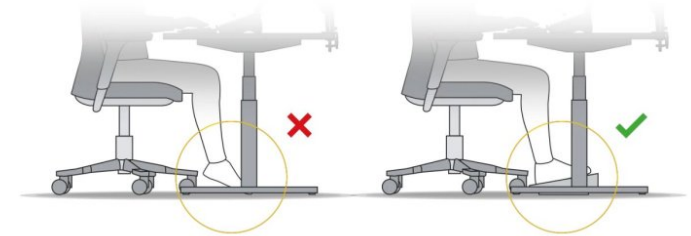


Atlantic Footrest

For a healthy, dynamic working posture at the office or at home.

The Atlantic Footrest combines stability, movement and sustainability in a single, well-thought-out design. For anyone who wants to work comfortably, at home or in the office. With the Atlantic Footrest, your working posture literally gains a solid foundation, exactly when you need it. At the same time, you're making a conscious choice: a footrest that feels good and has been produced responsibly. Comfort for you, with care for the world around you.



Ergonomic background

A good computer workstation is all about achieving the right balance between chair, desk and user. You always start with the office chair: adjust it to suit your body. Then adjust the height of the desk accordingly. If the desk isn't adjustable, set the chair so that your elbows are roughly level with the desk top. This is where a new problem often arises. Because the chair is higher, your feet no longer reach the floor properly. They dangle, or you unconsciously seek support with your toes. This may seem harmless, but it quickly causes your pelvis to tilt and your lower back to hold more tension.



Atlantic Footrest

Article code

BNEFRA

Barcode/ EAN-code on product package

8717228186318

Guarantee period [years]

Lifelong (after registration), with the exception of all (gas)spring parts (5 years).

Click or scan for more information >



Available documents

Manual available	No
Manual in package	No
Technical drawing available	No

Product dimensions

Product weight [g]	3700
Product dimension length [mm]	436
Product dimension width [mm]	325
Product dimension height [mm]	105

Product design

Product colour(s)	Dark Grey, Black
Anti-slip feet	Yes
Package content	Footrest
Product complies to norm (s)	No

Battery & accu information

Battery needed?	No
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Height settings

Height adjustment	Yes
Number of height adjustments	6
Height of lowest position [mm]	105
Height of highest position [mm]	205

Tiltable settings

Tiltable (up or down)	Yes
Tiltable degrees	3-80

Footrests

Type of adjustment footrest	Foot
Width of footplate [mm]	436
Depth of footplate [mm]	305
Massage ribs/ anti slip rubber	Yes

Material product

Product material(s)	Steel, Plastic (PA)
Product recycled	Yes
Product Recycled %	27
Product recyclable	Yes
Product recyclable %	99
Product biodegradable	No

Package material

Package material (s)	Paper/ Carton
Package recycled	Yes
Package recycled %	100
Package recyclable	Yes
Package recyclable %	100
Package biodegradable	Yes
Package biodegradable %	100

Package

Package weight including product [g]	4100
Package dimension length [mm]	456
Package dimension width [mm]	340
Package dimension height [mm]	106

Ergonomics, environment & quality

Declaration of Sustainability

[atlantic-footrest-declaration-of-sustainability-1772709123.pdf](#)